

IAOM (US) - Practical Exam

Date & Location:

Tested participant:

Testing staff:

Topics: SPINE

You have a maximum of 30 minutes to prepare. You may use this sheet and the back side of the sheet to prepare. Good success!

- 1) Local Examination of the Lumbar spine including provocation and mobility testing and the following extra tests (35%):**
 - a) Unipodal Kemp
 - b) Shear test in flexion

- 2) Surface Anatomy: find the following structures (20%)**
 - a) Location of the superior gluteal nerve as it exits the abdominal cavity posteriorly **(10%)**

 - b) Location of C4 spinous process and corresponding structure at the ventral aspect of the neck **(10%)**

- 3) Mobilizations (30%)**
 - a) Mobilization Rt 3rd costovertebral joint (rib stuck in inspiration) **(10%)**

 - b) Mobilization Rt C0-C1 in flexion, rotation and contralateral coupling (decide in which direction of rotation-sidebending you would mobilize the patient for a flexion mobilization of the right C0-C1 zygapophyseal joint) **(10%)**

 - c) 3-D axial separation lumbar spine in flexion for patient with Rt paraspinal lumbar pain and L4-L5 radiculopathy ("axillary lesion") **(10%)**

- 4) Manipulation (15%)**
 - SIJ into counter-nutation for locked SIJ (& home program) (15%)