

# LOCAL CLINICAL EXAMINATION OF THE LOWER CERVICAL SPINE

Note: This is provided as a reference tool for certification preparation. If you desire forms for clinical use, please contact OPTP at 800.367.7393 and ask about product #927CD or visit OPTP's website at [www.optp.com](http://www.optp.com) and search for the product number.

## PROVOCATION TESTS MID AND LOWER CERVICAL

### Active and Passive Motions

#### Sidebend, *right*

- with ipsilateral rotation
- with contralateral rotation

#### Sidebend, *left*

- with ipsilateral rotation
- with contralateral rotation

#### Axial Rotation, *right*

- with ipsilateral sidebend
  - with flexion
  - with extension
- with contralateral sidebend

#### Axial Rotation, *left*

- with ipsilateral sidebend
  - with flexion
  - with extension
- with contralateral sidebend

## MOBILITY TESTS

### ***C0-4 Mobility tests***

#### Passive test, axial rotation *right*

- with flexion
- with extension

#### Passive test, axial rotation *left*

- with flexion
- with extension

### **C2-7**

#### C2-7 sidebend

- Right
- Left

### **Vertebral artery tests**

Clinical reasoning and as needed sustained cervical rotation in sitting

**STABILITY TESTS:**

- Alar ligaments:
- Transverse ligaments of Atlas
  - Lateral shift of Atlas
  - Ventral shift of Atlas