

FUNCTIONAL EXAMINATION: RIBS

Note: This is provided as a reference tool for certification preparation. If you desire forms for clinical use, please contact OPTP at 800.367.7393 and ask about product #927CD or visit OPTP's website at www.optp.com and search for the product number.

TESTS IN SITTING:

Rib 1

First Rib: Cervical Rotation Lateral Flexion (Lindgren) Test (mobility)

Spring test for 1st rib (end-feel)

Ribs 2 to 12:

Position test: cranial to caudal

Position test: caudal to cranial

Springing test: pain provocation and end-feel

OTHER TESTS:

First rib: joint play test for mobility and end-feel in supine - costotransverse: -
costovertebral

Ribs 2 to 10: Costotransverse joint play in prone (pain provocation and end-feel)