

## **EXAMINATION OF THE SACROILIAC JOINT**

Note: This is provided as a reference tool for certification preparation. If you desire forms for clinical use, please contact OPTP at 800.367.7393 and ask about product #927CD or visit OPTP's website at [www.optp.com](http://www.optp.com) and search for the product number.

### **Provocation Tests:**

1. Dorsolateral provocation in neutral
2. Östgaard test: thigh thrust
3. Ventromedial provocation in neutral
4. Sacral thrust
5. Modified Gaenslen: Nutation provocation
6. Modified Gaenslen: Counternutation provocation

### **Pelvic Ring Tests**

Active Straight Leg Raise

Active Straight Leg Raise with Belt

### **Extra Test (in presence of pubic pain)**

Resisted adduction in 30° to 45°